



# JANUARY

2026

## Activity Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
				1 New Years Day- CLOSED	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 MLK Jr. Day	20	21	22	23	24
25	26	27	28 National Lego Day	29	30	31

### NOTES

- **MLK Jr. Day**- We will read "My First Biography: Martin Luther King Jr." while enjoying our rainbow-colored goldfish snack.
- **National Lego Day** -We will use Legos for counting, sorting colors, and a building tower challenge.



# FEBRUARY

2026



## Activity Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Groundhog Day	3	4	5	6	7
8	9	10	11	12	13 Valentines Day Activities	14
15	16 Presidents Day	17	18	19	20	21
22	23	24	25	26	27	28

### NOTES

- **Groundhog Day-** A Various activities will occur for different age groups.
- **Valentines Day Activities-** A loved one is invited to come craft with us and join the party during snack time. More details to come.

**Community Reader-** One day this month someone from the community (Mayor, Doctor, Librarian, Police, Fire Department, etc.) will come to the clinic to read to our kiddos!



# MARCH

## Activity Calendar

2026



SUN	MON	TUE	WED	THU	FRI	SAT
1 <b>Dr. Seuss Week (2-6)</b>	2 <b>1 Fish 2 Fish</b>	3 <b>Many Colored Days</b>	4 <b>Wacky Wednesday</b>	5 <b>Lorax</b>	6 <b>Sleep Book</b>	7
8	9	10	11	12	13	14
15 <b>Eat the Rainbow Week (16-20)</b>	16 <b>Red</b>	17 <b>St. Patrick's Day</b> <b>Orange</b>	18 <b>Yellow</b>	19 <b>1st Day of Spring</b> <b>Green</b>	20 <b>World Down Syndrome Day</b> <b>Blue</b>	21
22 <b>Spring Break (24-28)</b>	23 <b>Inside Out Day</b>	24 <b>Disney Day</b>	25 <b>Wacky Wednesday</b>	26 <b>Superhero Day</b>	27 <b>Pajama Day</b>	28
30	31					

### NOTES

#### • **Dr. Seuss Week (2-7):**

**Monday:** "1 Fish 2 Fish" - Wear red or blue  
**Tuesday:** "Many Colored Days" - wear multiple colors  
**Wednesday:** "Wacky Wednesday" - Wear clothes backwards, mismatched, or inside out  
**Thursday:** "The Lorax" - Wear orange and yellow  
**Friday:** "Sleep Book" - Wear your pajamas

#### • **Eat the Rainbow Week (16-20): Special snacks each day!**

**Monday (Red)** - Red apple slices & strawberry Go-Gurt  
**Tuesday (Orange)** - Cheez-its and oranges  
**Wednesday (Yellow)** - Goldfish & cheddar cheese  
**Thursday (Green)** - Green apple slices & cucumber slices  
**Friday (Blue)** - Blueberry muffin & juice

#### • **St. Patrick's Day- Don't forget to dress your child in green!**

#### • **World Down Syndrome Day- Send your child to school in crazy socks to show support!**

#### • **Spring Break (23-27):**

**Monday:** Inside Out Day = wear your clothes inside out  
**Tuesday:** Disney Day = dress like your favorite Disney character  
**Wednesday:** Wacky Wednesday = wear a crazy, wacky hairstyle  
**Thursday:** Superhero Day = dress like your favorite superhero  
**Friday:** Pajama Day = come dressed in your favorite pjs